

# DR KHUROOS PRACTICE NEWSLETTER

Volume 1/ Issue 3 July/ Aug 2024

## ADDITIONAL ROLES STAFF:

Physician Associate

Clinical Pharmacist

First Contact  
Physiotherapist

Social Prescriber

Mental Health  
Practitioner

GP Assistant

## World Breast feeding week 1-7<sup>th</sup> August 2024.

World Breastfeeding Week: 1-7 August Breastfeeding support for all World Breastfeeding Week is held in the first week of August every year, supported by WHO, UNICEF and many Ministries of Health and civil society partners.

The campaign will celebrate breastfeeding mums in all their diversity, throughout their breastfeeding journeys, while showcasing the ways families, societies, communities and health workers can have the back of every breastfeeding mum.



## BREAST SCREENING

Females will be invited for NHS breast screening every 3 years between the ages of 50 and 71. You'll get a letter in the post inviting you. If you have not been invited by the time you are 53 you should contact your local breast screening service.

THE GP PATIENT SURVEY



62% described their overall experience of this GP practice as good. ICS result 67% and National result 74%

GP appointment?  
Can't make it? Don't need it?

**CANCEL IT!**



If you cannot attend your appointment can you please let the surgery know so that we can offer the appointment to a patient who really needs it. In May and June we had 236 patients that did not attend their appointments.

## **USEFUL NUMBERS**

Health Visitors  
0121 8271997

Family Planning  
0121 7733737

Birmingham Healthy Minds  
0121 301 2525

Out of hours GP : NHS111

Good Hope Hospital  
0121 424 2000

Mental Health  
Birmingham and Solihull  
Urgent helpline – 0121 262  
3555

### **Local Pharmacies**

1. Stockland  
Pharmacy 0121  
373 9906
2. Erdington Day &  
Night  
0121 382 7477
3. Lodge Pharmacy  
0121 384 3198

### ***Contact details:***

***Telephone: 0121 2032888***

***Website: drkhuroospractic  
e.co.uk***

***Email  
Drkhuroo.practice@nhs.net***

***44% or respondents find it easy to through  
to this GP practice by phone***

***ICS result: 39% National result 50%***



## **TELEPHONY**

With our Digital Telephony system we regularly audit our service to make improvements. Calls abandoned are monitored on a daily basis and contacted back and offered appointments or navigated to relevant service.

Regular reviews will also be taking place for call times to answer, waiting times before call abandonment and we will be offering Call back service.

### **Self referral physio**

Physiotherapists maintain health by helping patients to manage pain and prevent further problems.

It is likely that as part of your physiotherapy treatment you will be given a rehabilitation programme to complete at home.

Exercise and activity is important to help your muscles and joints remain strong and resilient.

You can do a self-referral to their service by calling 0121 466 7600



### **Useful Dates**

**SURGERY CLOSED ON SUMMER BANK HOLIDAY**

**MONDAY 26<sup>TH</sup> AUGUST 2024**