

DR KHUROO'S PRACTICE

Volume 2, Issue 2 March/ April



Additional Roles

Physician Associate
Clinical Pharmacist
First Contact Physio
Social Prescriber
Mental Health Practitioner
Registrar
Care Co-ordinator

First Contact Physiotherapist

What is a First Contact Physiotherapist (FCP)? Our FCP service offers patients access to an expert Physiotherapist at their very first contact in their GP practice. This ensures patients receive expert assessment and advice for their muscle, joint or bone condition and this also frees up time for GP to help more patient with other more medical problems.

If you would like to see our FCP for any muscle, Joint or bone concerns, Muhammad Mubashir, he is with us every Tuesday , just let reception know.



Want an easier way to get a GP appointment?

eConsult is the first [online consultation](#) service to be integrated with the NHS App. It makes form-based remote consultations available at around a quarter of practices in England. Patients can use this forms-based service to request GP advice without the need to book an appointment or contact your practice face-to-face or by telephone.

Useful Numbers

Family Planning **0121 773 3737**
Birmingham Healthy Minds **0121 301 2525**
Out of hours GP **NHS111**
University Hospitals Birmingham
0121 424 2000
Mental Health
Birmingham and Solihull Urgent
helpline **0121 262 3555**

NHS

Coronavirus (COVID-19)
Get information about coronavirus on NHS.UK

NHS

How are you feeling today?

Check symptoms

To access your NHS services

Continue with NHS login

The NHS App

Simple and secure access to a range of healthcare services



Services offered by Umbrella sexual Health Services

Umbrella offers **free** sexual health services and advice for Birmingham and Solihull.

- Condoms and Contraception
- Testing and treatment for sexually transmitted infections
- HIV Testing and treatment

We also provide support and counselling services.

- Abuse survivors clinic
- Alcohol and substance abuse
- Psychosexual Services

They deliver services in their clinics, but many of the services are also available for free from Umbrella partner GPs and pharmacies. You can contact Umbrella on 0121 237 5700.



Easter Bank Holiday Opening Hours

We will be closing for the following bank holidays:

Friday 18th April 2025

Monday 21st April 2025



HAPPY EASTER!!!

